



How COVID-19 impacts HCP channel preferences and the ongoing health implications of COVID-19 on long hauler patients

European Thought Leadership

Webinar: September 30, 2021

IQVIA speakers for today's session



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Agenda

- + COVID-19's Impact on HCP's Channel Preferences
- + HCP's Feedback on the Ongoing Health Implications of COVID-19 Long Haulers Across the EU4 & UK
- + Closing Remarks
- + Q&A



Impact of COVID-19 on the Pharmaceutical Market – EU4+UK

*HCP Channel Preference in an increasing
complex environment*

Sarah Rickwood, VP, EMEA Thought Leadership & Marketing



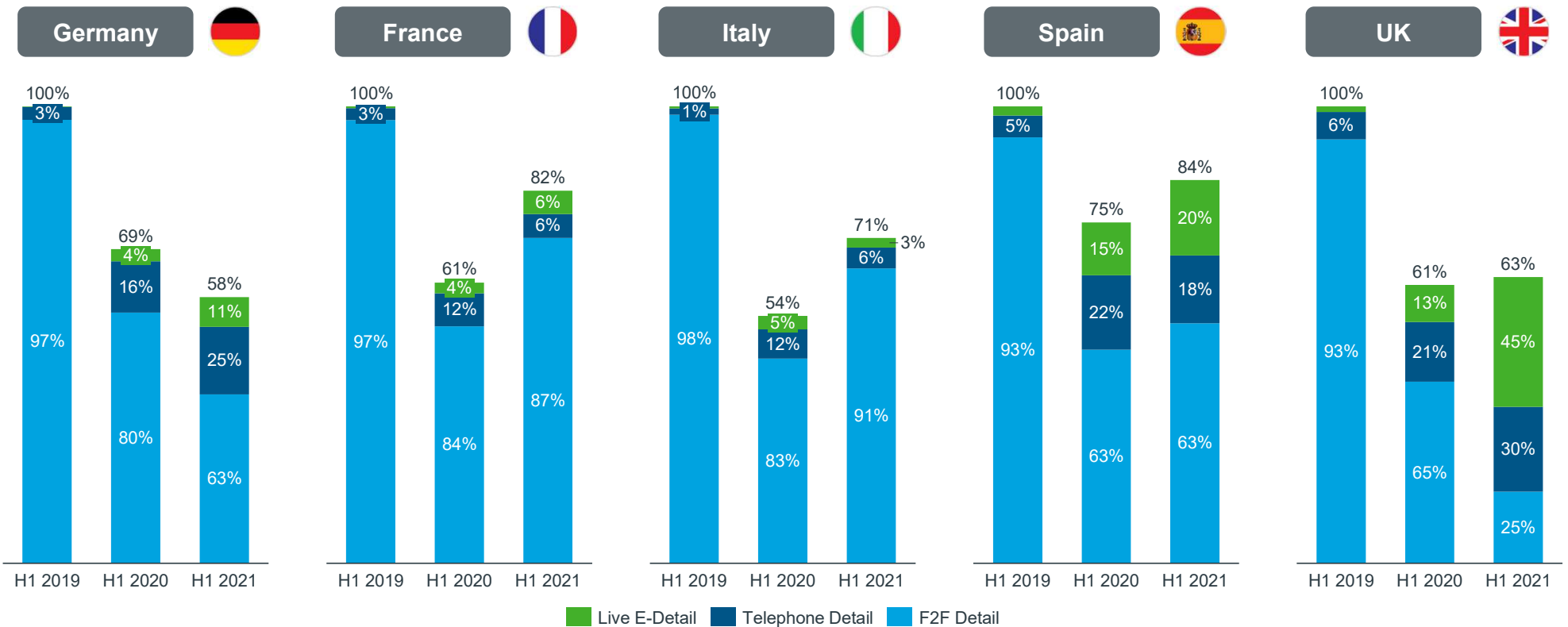
In this section we will cover-

- + What does the current promotional landscape look like and how has it changed since COVID-19?
- + How has the pandemic impacted HCP channel preference and what are they looking for in the future?
- + How can companies address the increasing complexity in HCP engagement?

Mid-way through 2021, amount of interactive time with HCPs is still well below pre-pandemic levels

Spain and UK have shown the strongest pivot to digital detailing channels

1:1 Interactive Contact Time by Channel



Source: IQVIA EMEA Thought Leadership; ChannelDynamics July 2021

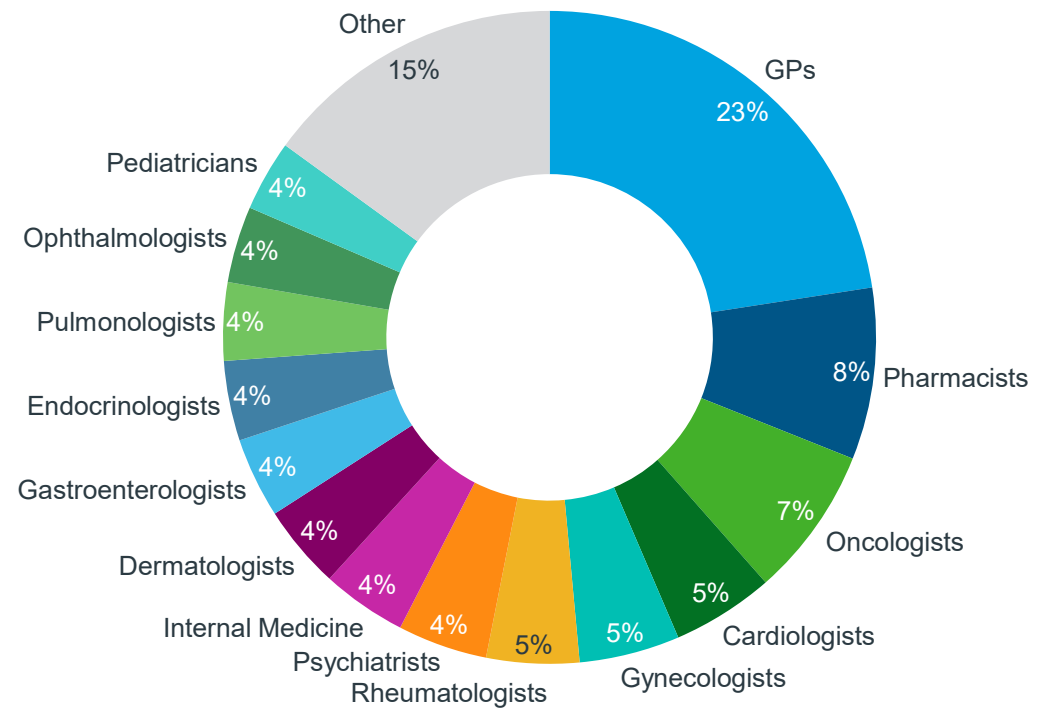
EU4 & UK COVID-19 Quarterly Webinar: HCP Channel Preference in an increasing complex environment



We surveyed over 8500 HCPs across EU4+UK, covering a wide variety of specialties

EU4+UK Total	8,594
	1,108
	1,569
	3,046
	1,809
	1,062

EU4+UK Total Respondents by Specialty



Source: IQVIA ChannelDynamics Channel Preference Survey July 2021; Oncologists include haematologists & radiologists; Endocrinologists include diabetologists & diabetic nurses; Internal medicine includes infectious disease

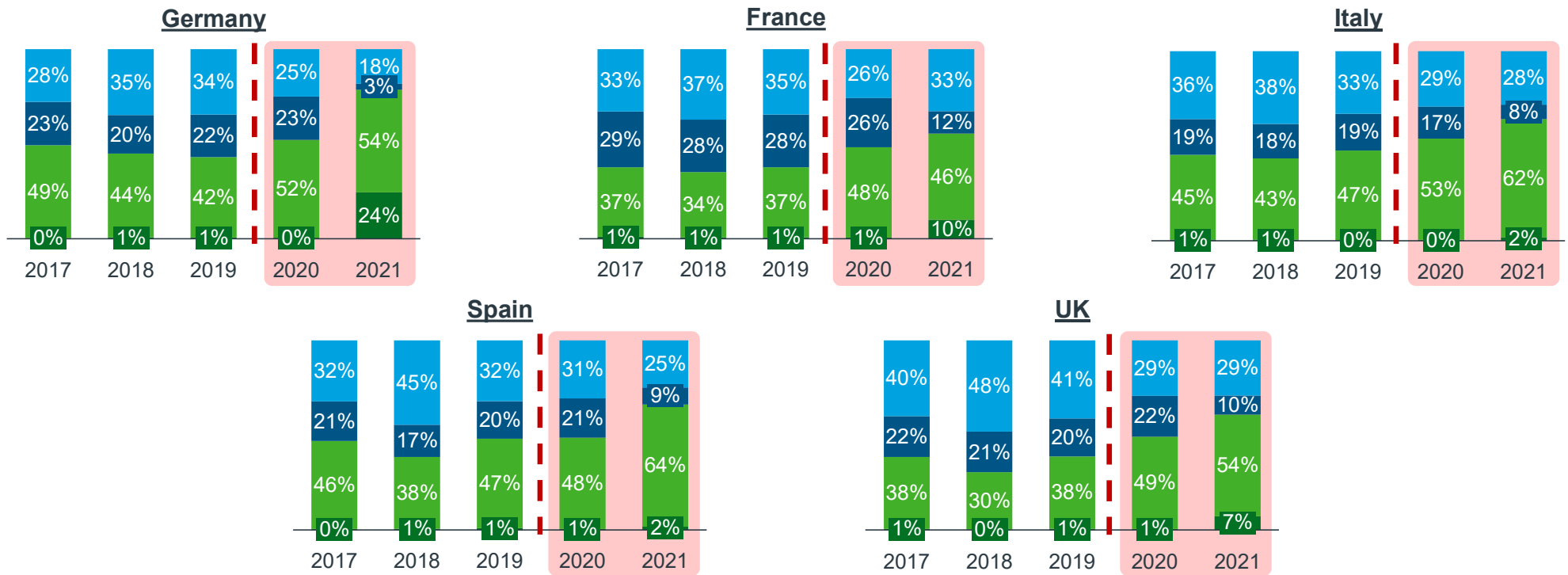
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Pre-pandemic, HCP channel preference was relatively stable, but significant shifts were driven by the pandemic

Restrictions on F2F due to COVID-19 drove an increase in preference for online resources

HCP Promotional Channel Preference (July 2017 – July 2021*)



*2021 "with restrictions on F2F"

Source: IQVIA ChannelDynamics Channel Preference Survey July 2017-2021

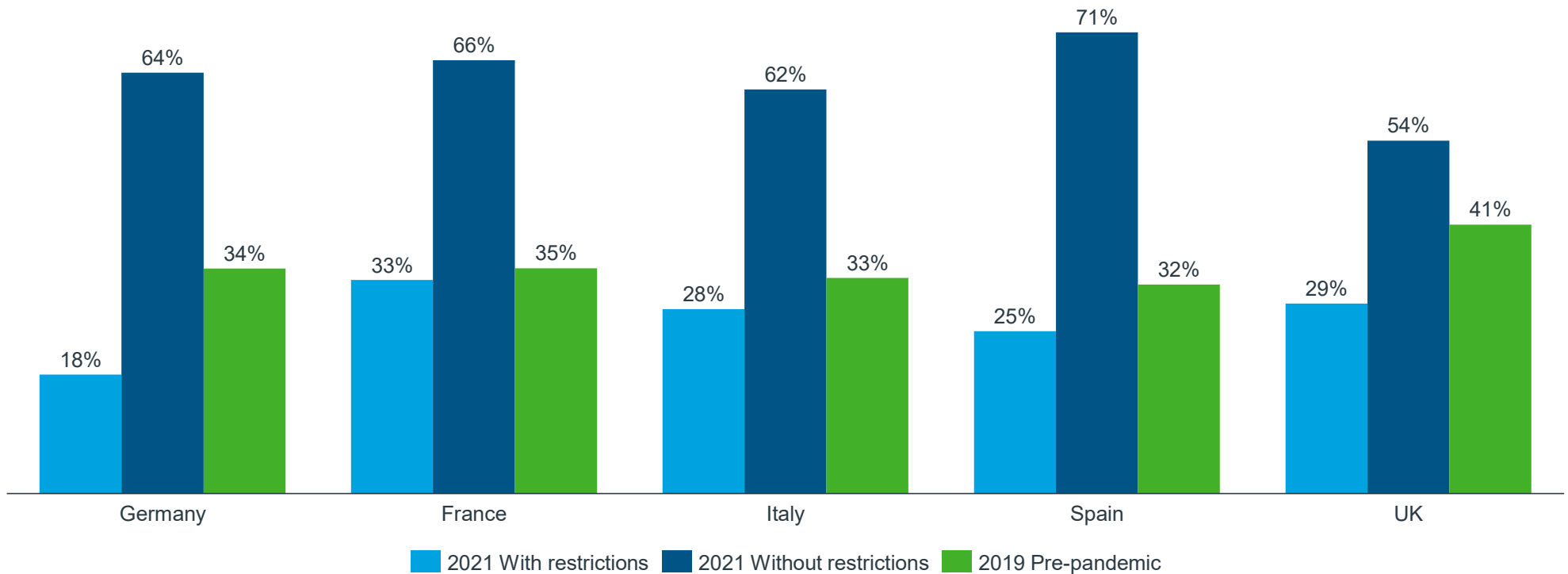
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When asked to consider a context with no restrictions on F2F, HCP preference for individual interactions bounces back

On average, preference for rep interactions in an unrestricted future were 37% higher than in the 2021 restricted context, and 28% higher than pre-pandemic levels

HCP Preference for Individual Interactions (July 2021)








Source: IQVIA ChannelDynamics Channel Preference Survey July 2021, 2020, 2019

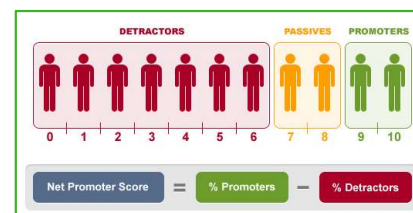
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In practice, HCP perception of interaction quality varies across channels and countries

NPS for live e-detailing is higher than for F2F in most of the EU4+UK

Channel Net Promoter Score (NPS) – Channel Recommendation MAT Q1 2021


Traditional Channels					
• F2F Detailing	7%	8%	24%	27%	19%
• Telephone Detailing	11%	-16%	17%	12%	2%
• F2F Meetings	31%	37%	34%	40%	42%
Digital Channels					
• Live e-detailing	25%	22%	11%	36%	24%
• Live e-meeting	27%	34%	31%	30%	27%
• Automated e-detailing	-7%	-2%	-6%	-9%	-6%
• Automated e-meetings	-7%	35%	15%	1%	3%
• E-mail	-19%	-47%	-3%	-8%	-27%

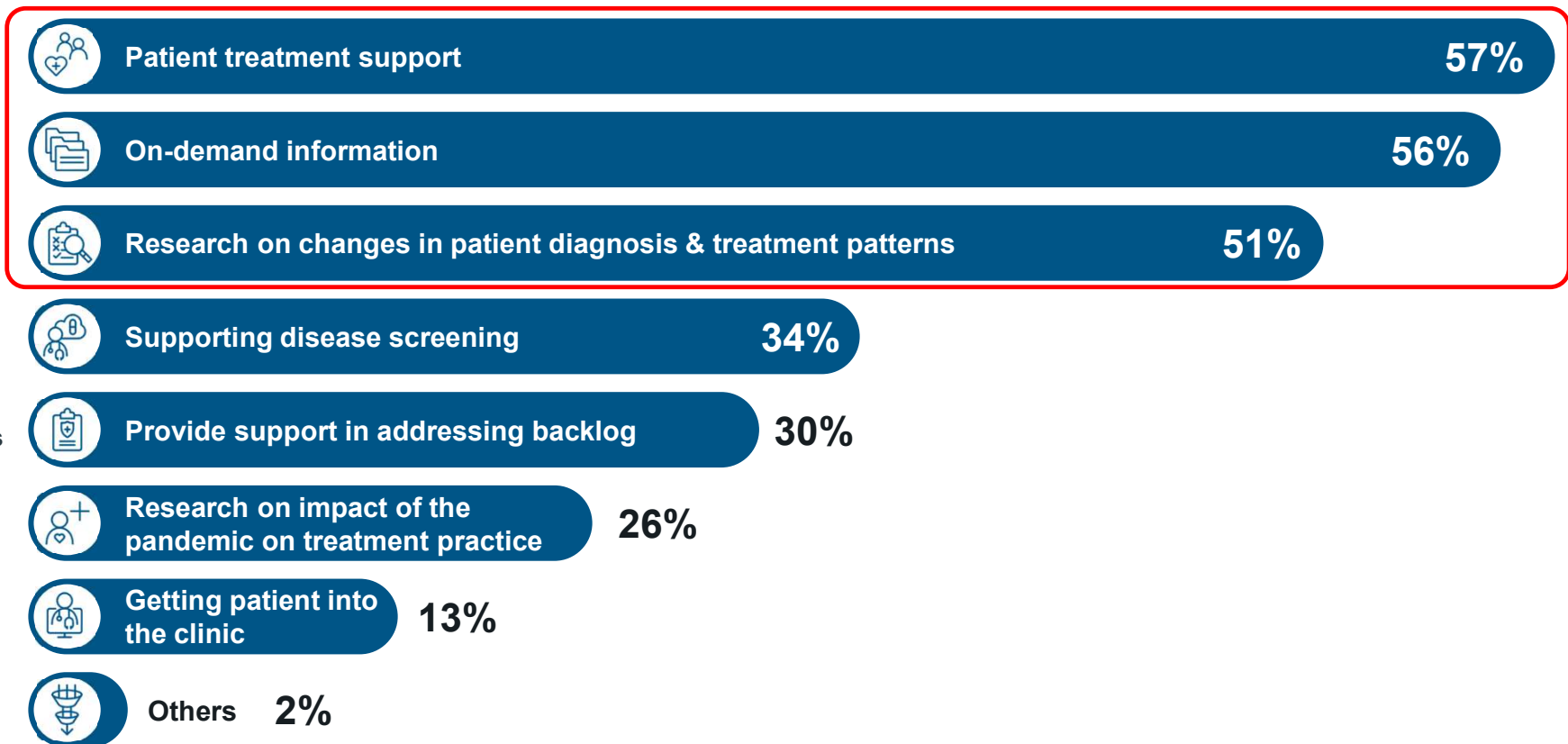


Source: IQVIA EMEA Thought Leadership; ChannelDynamics MAT Q1 2021

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Previous survey of HCPs in the EU4+UK showed more than half want research/support on diagnosis and treatment, on demand


 (n=972), % of HCPs
 MULTI-SELECT



Q14. How do you expect pharmaceutical companies to support you in the introduction of an innovative launch in the future?

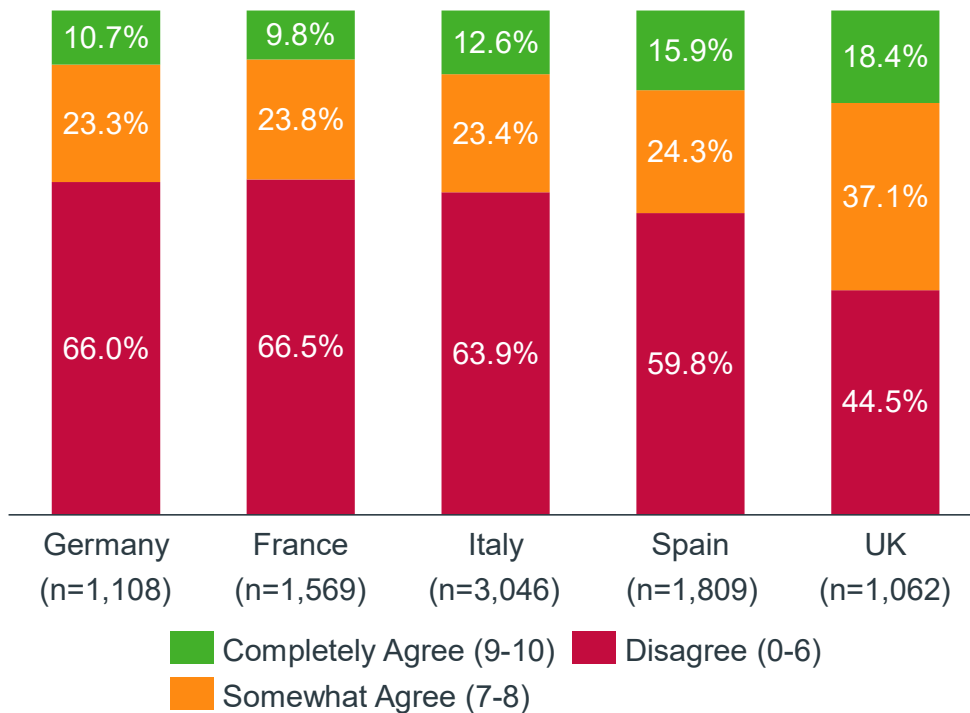
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Looking forward, around one third of HCPs do believe that virtual rep interactions will be sufficient to meet their needs

In the UK it is over half

HCP satisfaction with virtual detailing (July 2021)



Source: IQVIA Channel Preference Survey July 2021

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Thinking about a **post-COVID-19 crisis** context, please indicate your level of agreement with the following statement:

*“Remote interactions with pharma representatives via online tools such as Skype, Zoom, Webex... will be **sufficient** in meeting my needs for up to date and relevant drug treatment information “*

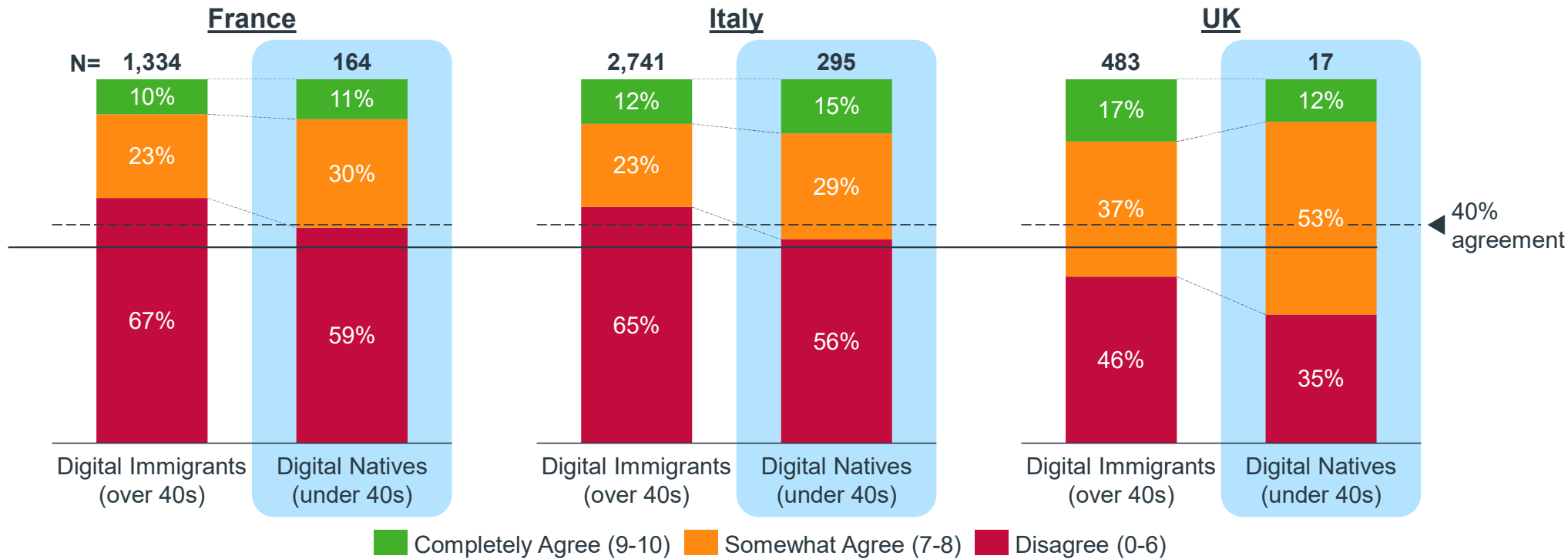
Scored 0-10



Younger HCPs tend to be more confident in virtual interactions

They are also the minority of respondents – most valuable customers currently in the older group

HCP Satisfaction with Virtual Detailing by Age Groups (July 2021)



Source: IQVIA Channel Preference Survey July 2021

Note: in EU4+UK, there is insufficient data in post-1980 in Germany and Spain, hence not included

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The promotional environment and HCP needs are becoming increasingly complex

Challenge of access to HCPs will remain

Even as formal restrictions lifted, volume of F2F did not return to pre-pandemic levels and interactive time is still down. This will likely continue to be the case as we continue to manage the third wave of infections & the Delta variant

Importance of on-demand when F2F is restricted

While F2F interactions are not possible, HCPs prefer to access information through emails and self-serve channels

Strong appetite for return to F2F

HCPs are keen to get back to normal with over 60% preferring F2F interactions when not restricted.

The rep relationship is still key

Virtual interactions sufficient for some

*Around one third of HCPs believe virtual calls can meet their needs in future. This proportion is **even higher among younger doctors***

Industry must balance complex customer needs, variation across countries, and opportunities for efficiencies



Impact of COVID-19 on the Pharmaceutical Market – EU4+UK

*HCP's feedback on the ongoing health
implications of COVID-19 long haulers across
the EU4 & UK*

Natalie Harb, Practice Leader, Performance Management

Our definition of COVID-19 long haulers and a note on HCP surveyed estimates of long haulers prevalence



COVID long haulers are recovered COVID-19 patients who are now suffering with other new conditions as a result of contracting COVID-19. These new conditions are also known as Long COVID, post-acute sequelae of SARS-CoV-2 infection, post-acute sequelae of COVID-19 (PASC), chronic COVID syndrome (CCS) and long-haul COVID.

Post-acute sequelae of COVID-19 (PASC) can affect nearly every organ system with sequelae including respiratory system disorders, nervous system and neurocognitive disorders, mental health disorders, metabolic disorders, cardiovascular disorders, gastrointestinal disorders, malaise, fatigue, musculoskeletal pain, and anemia

*The prevalence of COVID long haulers is still being studied, and estimates, dependent on the specific definition of COVID long haulers and the study instrument used, are currently quite variable. New research findings are being regularly published from a range of sources. **The estimates provided in this research are based on surveyed Healthcare Professional respondents' reports.***

Couple of things to highlight ...

1 Sample sizes are not representative at country level. In addition, the sample composition is slightly different at the country level. This could lead to some of the difference noted at country level

2 This was a pulse survey. The questions asked are intended to provide top level insight into what HCP's across the EU4 & UK are experiencing






3 Estimates of prevalence (i.e., % of people that are now defined as long haulers) vary a lot between different studies conducted worldwide. For eg: In the UK, ONS survey found that 1 in 40 COVID-19 patients is now defined as a long hauler (by the definition used for the ONS survey)

4 The data shown throughout this presentation represent HCP's views from the research conducted for the purpose of this presentation. IQVIA undertakes no obligation to update them, whether as a result of new information, future events or otherwise

We interviewed ~700 HCPs, across a mix of specialties to understand the ongoing health implications of COVID-19 long haulers

Sample Split

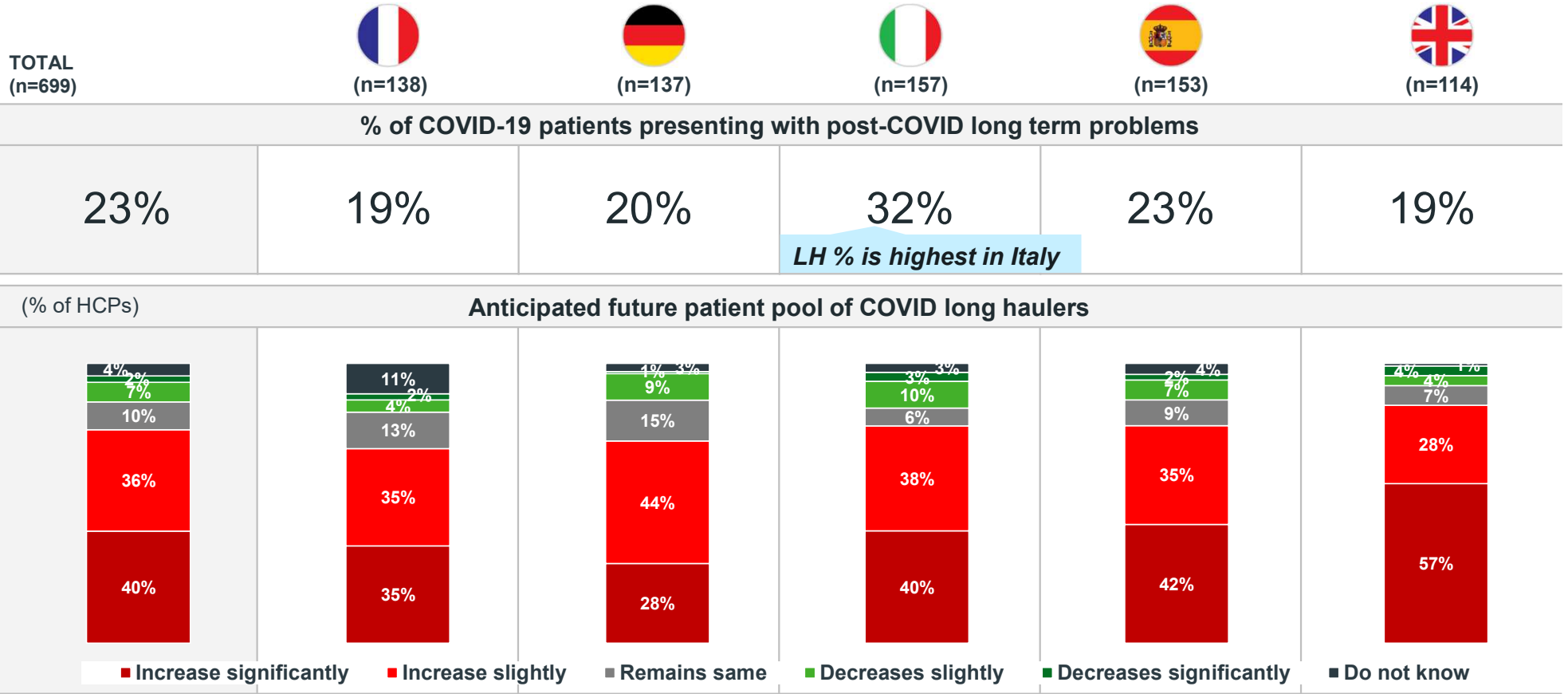
LOI: 8min quantitative surveys
Time period: mid-August – mid-September

		 (n=138)	 (n=137)	 (n=157)	 (n=153)	 (n=114)
General Practitioner	23%	25%	23%	20%	20%	27%
Cardiologist	14%	16%	17%	13%	14%	11%
Pulmonologist	11%	13%	12%	10%	10%	13%
Neurologist	12%	13%	14%	13%	13%	7%
Psychiatrist	15%	15%	15%	15%	14%	16%
Nephrologist	9%	8%	12%	10%	10%	7%
Endo/Diab	11%	7%	5%	13%	13%	18%
Pediatrician	4%	3%	4%	6%	7%	1%

(n=699)

S1. What is your primary medical specialty?
Source: IQVIA Primary Market Research

HCPs interviewed reported 1 in 5 COVID-19 patients as long haulers; a significant proportion anticipate this number to increase in next 6 months



3. In your opinion, what proportion of COVID-affected patients present with post-COVID long-term problems? 14. Thinking about the future, how do you think the patient pool of COVID long haulers will look like in next 6 months?
 Source: IQVIA Primary Market Research

According to HCPs, severity of COVID infection has no relation to long hauler status; most long haulers experience a mild long COVID condition

TOTAL
(n=699) (% of patients)



(n=138)



(n=137)



(n=157)

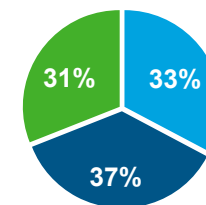
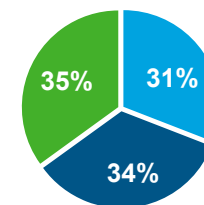
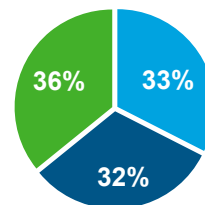
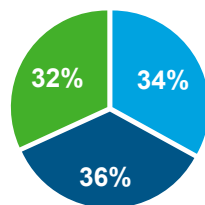
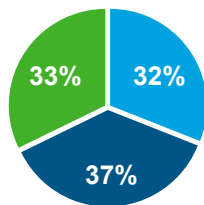
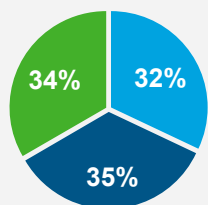


(n=153)



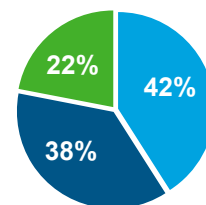
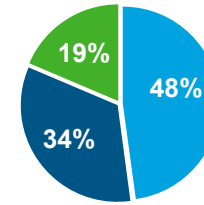
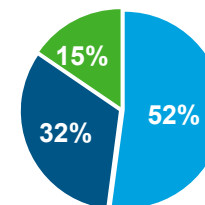
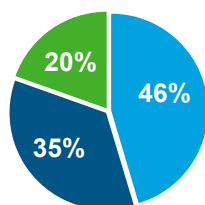
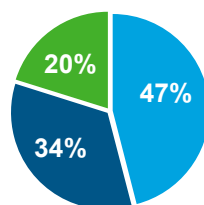
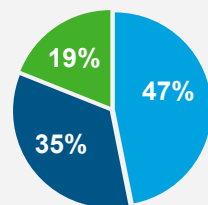
(n=114)

Split of long haulers by severity of their COVID-19 infection



Split of long haulers by severity of their long COVID condition

■ Mild ■ Moderate ■ Severe



4. Thinking about the COVID long hauler patient segment, please split them by severity of COVID-19 infection.
5. In your best estimates, please split the COVID long hauler patient population by the level of severity of their long-term problems.

Source: IQVIA Primary Market Research

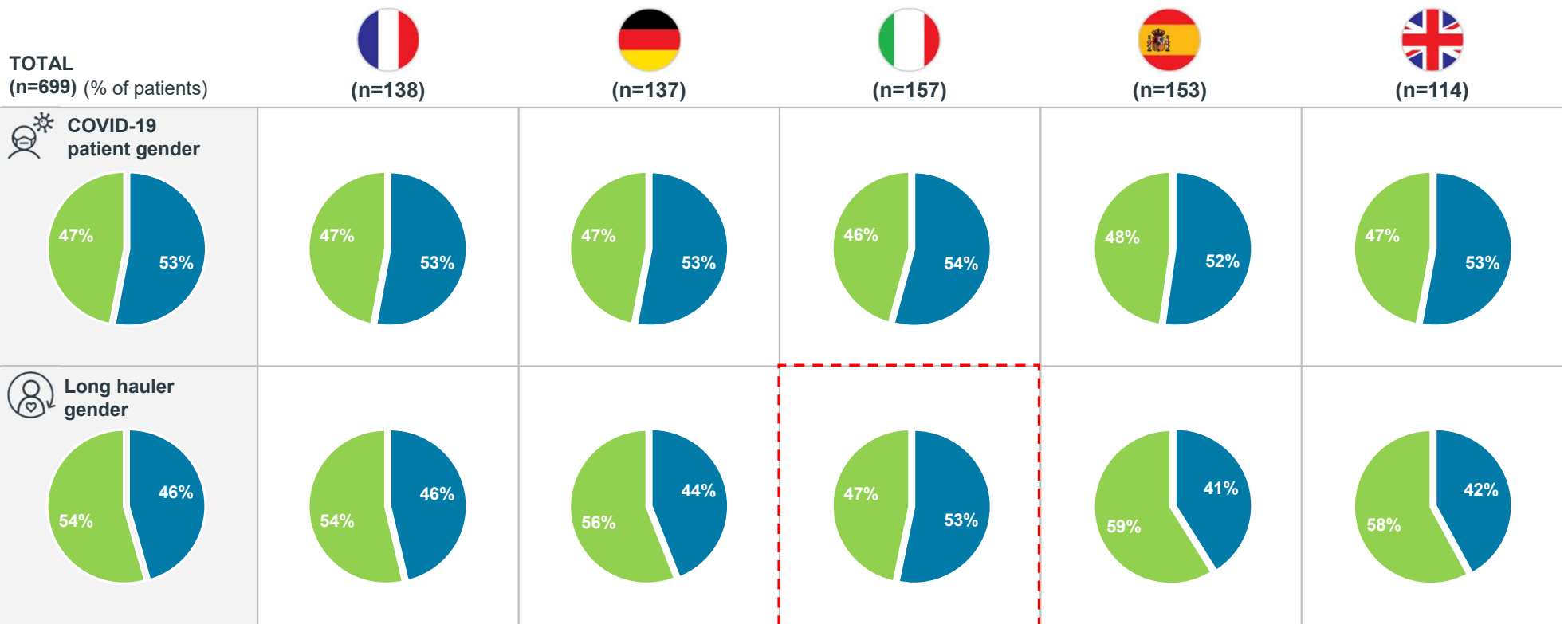
COVID-19 Long Hauler Severity:

Mild severity: Defined as sufficiently significant to seek medical help for, but not impeding day to day activities

Moderate severity: Defined as impeding but not entirely preventing day to day activities

High severity: Defined as life altering, completely preventing day to day activities and normal function

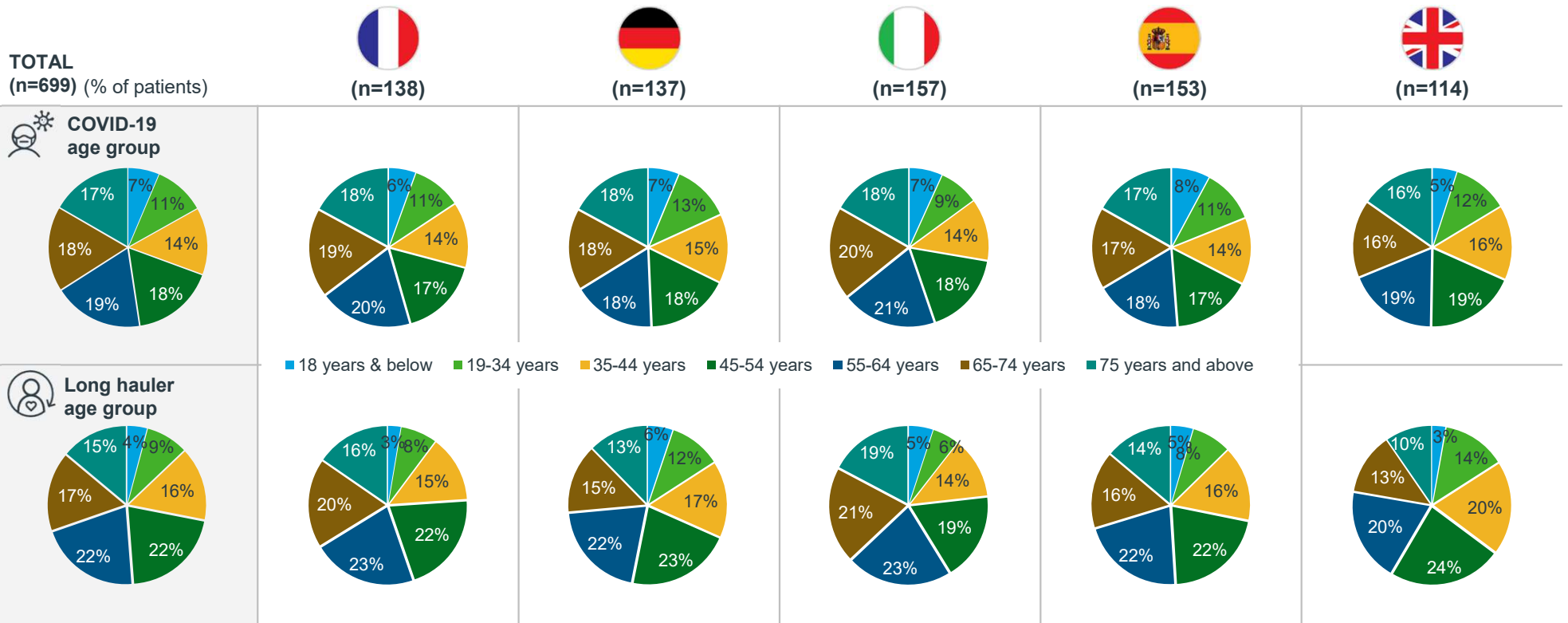
HCPs reported most of COVID-19 patients are male; however, they said long haulers were predominantly female



6. Please split your COVID-affected and COVID long hauler patient population by gender
 Source: IQVIA Primary Market Research

 Male  Female

HCPs reported COVID-19 patients and long haulers have similar distribution of age group



7. Please split the your COVID-affected and COVID long hauler patient population across below age groups

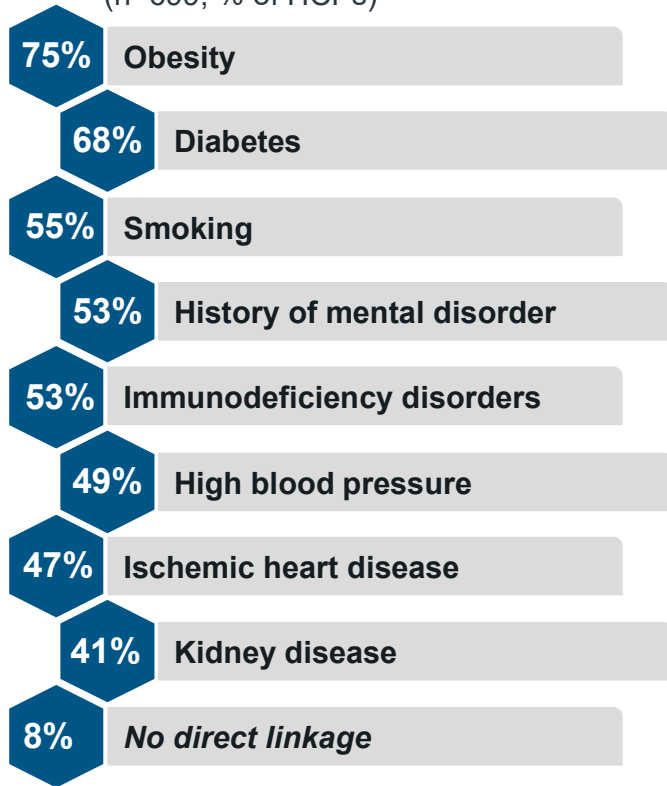
Source: IQVIA Primary Market Research

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HCPs identified obesity & diabetes as key risk factors for long haulers

Risk factors

(n=699, % of HCPs)



	France (n=138)	Germany (n=137)	Italy (n=157)	Spain (n=153)	UK (n=114)
Obesity	80%	74%	73%	74%	75%
Diabetes	73%	58%	72%	62%	73%
Smoking	46%	65%	54%	56%	54%
History of mental disorder	44%	62%	46%	49%	69%
Immunodeficiency disorders	55%	61%	49%	46%	54%
High blood pressure	58%	54%	48%	46%	39%
Ischemic heart disease	48%	37%	58%	40%	51%
Kidney disease	45%	39%	39%	36%	51%
No direct linkage	11%	9%	3%	8%	8%












Italian physicians associate long haulers with some or other risk factor

Other risk factors include: Respiratory pathologies, Autoimmune disease, Psychiatric disorders, Vasculitis; 9. In your opinion, what are the risk factors for long haulers?

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HCPs reported Respiratory as the most prevalent long hauler condition

Conditions of long haulers (% of patients)

	 (n=138)	 (n=137)	 (n=157)	 (n=153)	 (n=114)
35% Respiratory 	38%	35%	34%	34%	34%
21% Neurological 	22%	24%	19%	22%	19%
20% Behavioral 	21%	17%	21%	20%	19%
16% Cardiovascular 	15%	16%	17%	15%	16%
8% Nephrological 	9%	9%	7%	8%	9%
18% Others* 	16%	20%	22%	15%	16%

*Others include fatigue, musculoskeletal, dermatological, rheumatological, gastroenterological, psychiatric, myalgia, etc.
8. Please split the COVID long hauler patient population across following categories of new/worsened conditions arising due to COVID

HCPs reported fatigue and shortness of breath as the top 2 symptoms that long haulers presented

Symptoms' presentation

(n=699, % of HCPs)


















Country	n	Fatigue	Shortness of breath	Depression & Anxiety	Memory & concentration prob	Brain fog	Other symptoms
France	n=138	81%	64%	46%	36%	27%	Headache 35%
Germany	n=137	76%	69%	55%	61%	36%	Headache 37%
Italy	n=157	69%	43%	50%	37%	32%	
Spain	n=153	80%	46%	48%	57%	42%	Headache 44%
UK	n=114	76%	64%	53%	50%	54%	

10. What are the top 5 common symptoms/conditions presented/complained by long haulers?

The call-outs represent other major symptoms in particular countries

According to HCPs, physical examinations & sign/symptoms are the top 2 ways of confirming diagnosis of long haulers













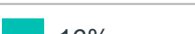
Diagnostic tests for long haulers

(n=699, % of HCPs)	Total	 n=138	 n=137	 n=157	 n=153	 n=114
Physical examination	 83%	76%	91%	82%	82%	87%
Sign/symptoms	 78%	67%	80%	71%	90%	82%
ECG, Chest X-ray, or CT Scan	 71%	67%	71%	64%	73%	83%
Complete blood picture	 70%	72%	74%	64%	67%	78%
C-reactive protein for inflammation level	 64%	61%	66%	59%	60%	78%
Kidney function test	 54%	46%	51%	44%	59%	72%
Liver function test	 46%	36%	36%	35%	54%	75%
D-dimer test	 40%	30%	36%	45%	48%	40%
Complete urine examination	 36%	22%	50%	32%	34%	45%
Others*	 10%	5%	14%	11%	10%	13%

*Others include Echocardiogram, Spirometry, Pulmonary function testing, Brain MRI, Electromyography, Chest radiograph, Natriuretic Peptide Tests (BNP), Stress test with oxygen consumption, Ergometry, Psychiatric assessment, Electroencephalography, HbA1C etc.; 11. Please specify the tests and examinations you undertake to confirm diagnosis of COVID long hauler

HCPs report the variety of symptoms, lack of standard definition and specific treatments are the major challenges in long haulers management

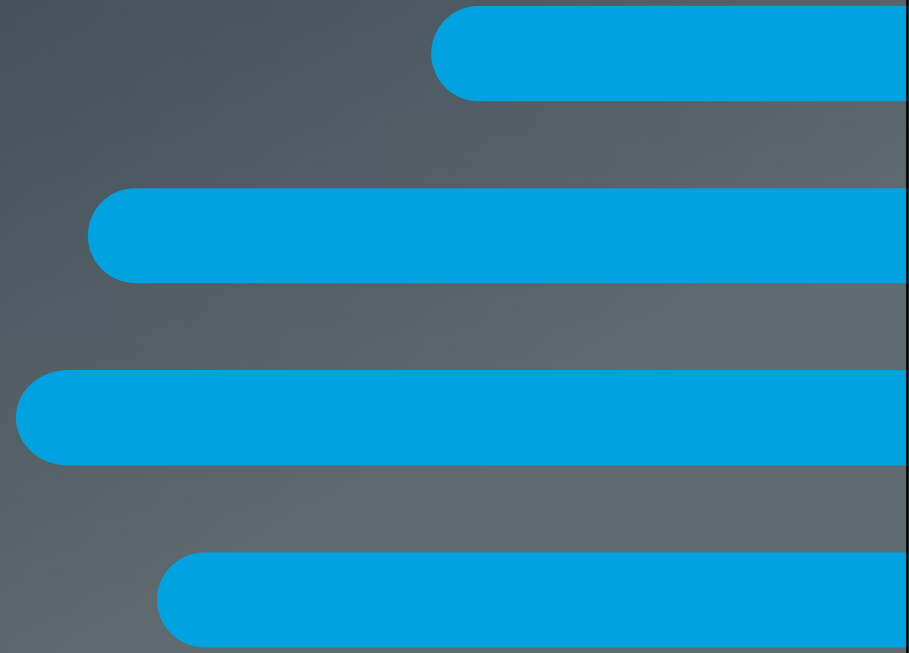
Challenges in management of long haulers

(n=699, % of HCPs)	Total	 n=138	 n=137	 n=157	 n=153	 n=114
Wide variability of symptoms	 77%	83%	81%	60%	76%	91%
No specific treatment for long haulers	 73%	75%	72%	61%	82%	77%
Lack of any standardized definition to classify patients into long hauler segment	 72%	67%	66%	73%	81%	73%
Multiple manifestations appearing together	 56%	53%	46%	50%	57%	79%
Lack of proper treatment to manage different manifestations	 51%	51%	53%	44%	54%	54%
Long treatment process	 44%	40%	55%	39%	43%	46%
Emergence of newer health problems	 37%	39%	24%	33%	46%	41%
Patients' compliance to treatment	 16%	16%	18%	15%	16%	18%
Others	1%	1%	1%	-	1%	4%

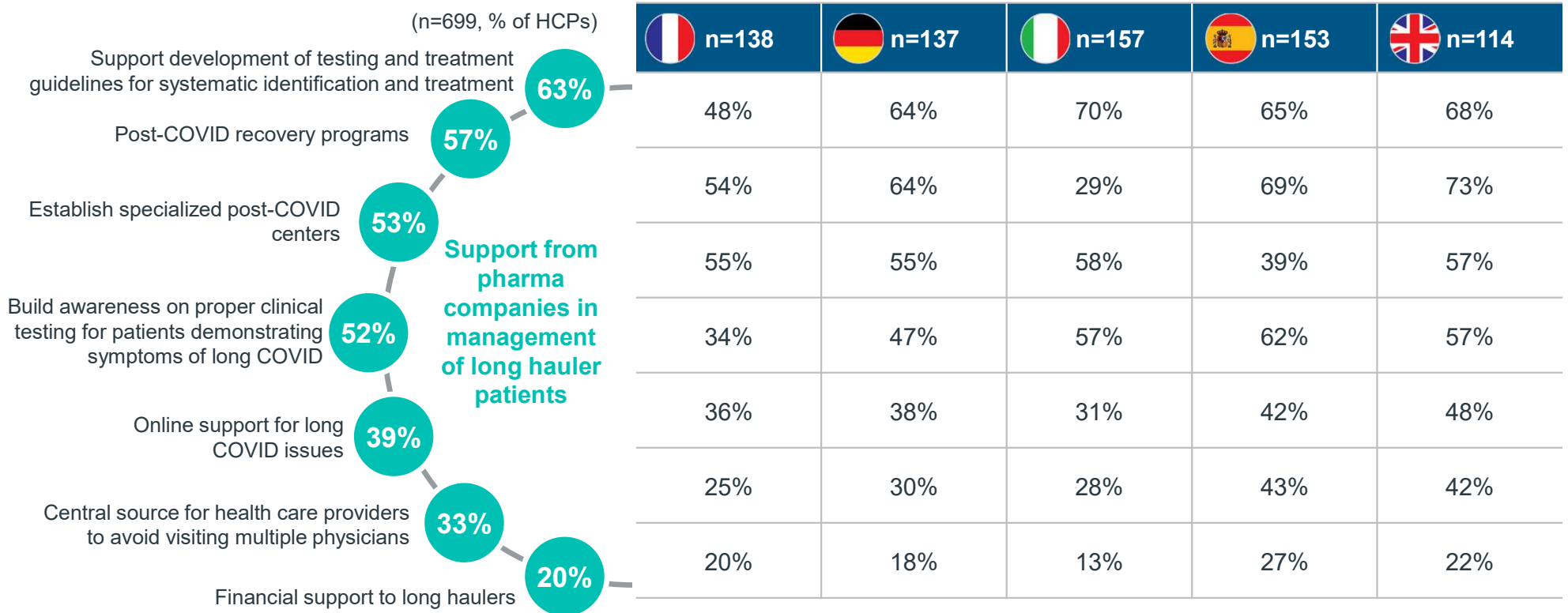
12. What are the major challenges you face in the management of long hauler symptoms?

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Support Required from Pharmaceutical Industry



HCPs want support in developing tests and treatment guidelines for long haulers; in FR, IT, & the UK post COVID-19 centers are also desired

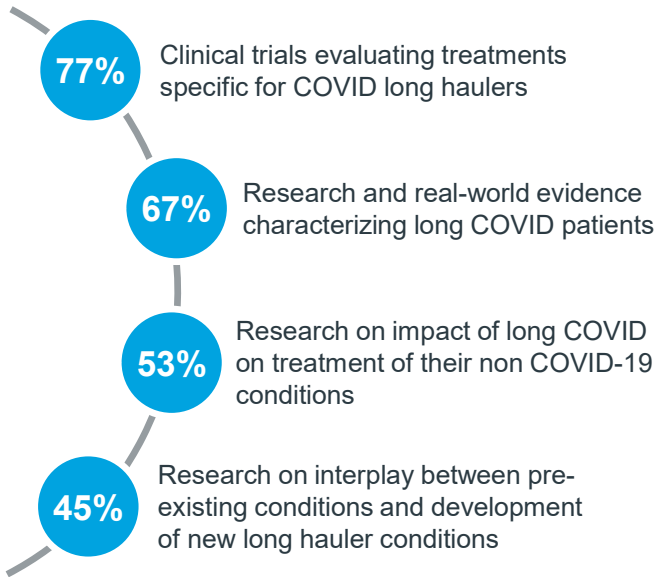







15. What support do you need from the pharmaceutical companies to help in management of COVID long haulers?

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HCPs report they want clinical trials & RWE for evaluating COVID long hauler treatments

Research Support from pharma companies (% of HCPs)



 n=138	 n=137	 n=157	 n=153	 n=114
73%	82%	75%	76%	77%
67%	69%	61%	62%	77%
51%	50%	48%	55%	62%
38%	50%	39%	53%	48%

16. What kind of research support do you anticipate from the pharma companies for management of COVID long haulers?

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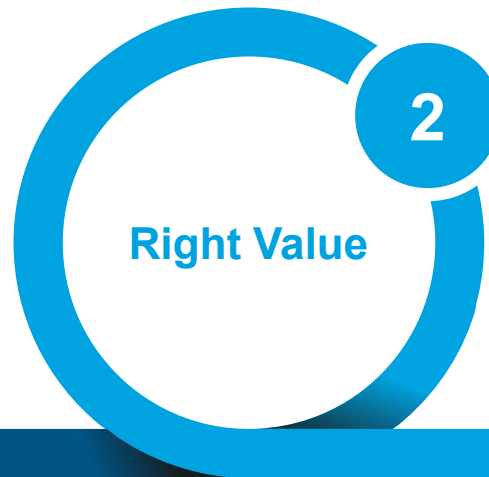


Agenda

- + COVID-19's Impact on HCP's Channel Preferences
- + HCP's Feedback on the Ongoing Health Implications of COVID-19 Long Haulers Across the EU4 & UK
- + **Closing Remarks**
- + Q&A

Managing the complexity means a Connected Intelligence approach

Winning customer strategies must address...



Segmentation

- Understanding individual customer channel preference and behaviour
- Enable differentiated segment strategies

Individualised Experience

- HCPs value individualised & personal interactions – importance of relationship
- Easily accessible & relevant on-demand materials
- Future customer more open to digital channels & new way working

Intelligent Hybrid Model

- All channels must be viable and deliver value
- AI/ML to understand & track all promotional touchpoints
- Challenging mindsets on what customers want vs. commercial realities

With the evolving nature and size of long haulers, there is much that the pharmaceutical industry can do to support effective management

What HCPs reported in this survey

One in Four patients with COVID-19 infection present to them as long haulers, with half of them having mild condition. They expect this number to **increase over next 6 months**

Majority of the long haulers are **female**. However, the long COVID condition is **not** restricted to any **specific age group**.

Patients present with **variable symptoms** (respiratory, neurological and behavioral being most frequent) and **multitude of tests** are undertaken to confirm diagnosis

HCPs report the **variety of symptoms, lack of standard definition and specific treatments** are the major challenges in long haulers management

How can industry support?

With the gaps in current management, there are multiple areas where physicians and HCPs seek support from industry:

- Development of testing and treatment guidelines for systematic identification and treatment
- Clinical trials evaluating treatments specific for COVID long haulers
- Research and real-world evidence characterizing long COVID patients

Q&A



Sarah Rickwood

Vice President

EMEA Thought Leadership and Marketing



Natalie Harb

Senior Principal

Global Consulting & Analytics Solutions

Look out for our latest white papers...

- **Launch Excellence: Escaping the Complexity Trap**

How to deliver consistent launch performance in an increasingly complex world

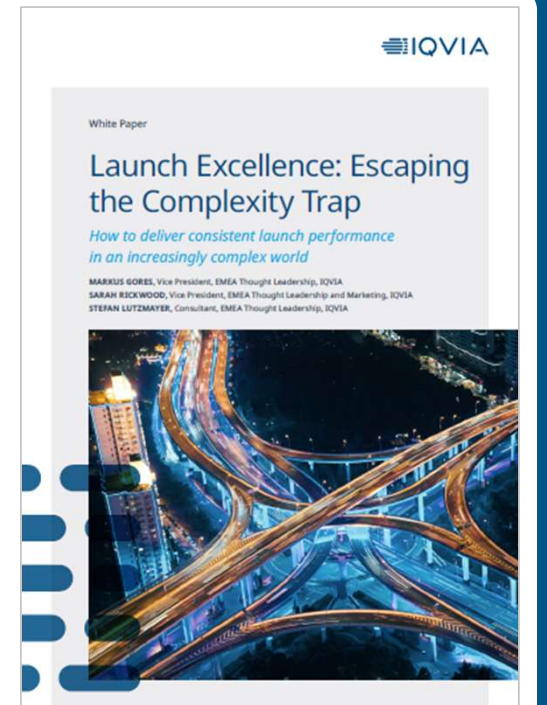
Download your copy here:

<https://www.iqvia.com/en/library/white-papers/launch-excellence-escaping-the-complexity-trap>

- **Launch Excellence VII: Three Pillars of post-Pandemic Launch Excellence**

Available here:

<https://www.iqvia.com/library/white-papers/launch-excellence-vii>



Thank you

Please connect with following in case any further information is needed:

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